

# St. Joan of Arc Flag Football



St. Joan of Arc School will offer a Flag Football club to our students this fall. There will be two divisions for students to participate in. The Senior Division is for middle school students. We will offer a junior division where students in 3<sup>rd</sup> through 5<sup>th</sup> grade are eligible to join.

We will run the program from October 1st through November. We will hold the club on Monday afternoons to begin. We will conduct the club at the park in Aberdeen. Students will walk to the park with the coaches after school. Parents will pick their students up at the park.

Because we have 2 divisions there will be two time periods for the club. Period 1 will begin right after school and last until 4:45. Period 2 will begin at 5:00 and go to 6:00 P.M. We will alternate the schedules between the two divisions. Students scheduled in Period 1 will be picked up at the park. Participants scheduled for Period 2 will need to be dropped off at the park and picked up at the park on time.

The sessions are limited contact sessions. This means that there are rules in place to limit the amount rough physical contact between the participants. Those rules include no tackling, no blocking, no hurdling and no spin rules. While these rules will help to limit the chance for injury we cannot guarantee no injuries will occur. St. Joan of Arc is not responsible for any injuries that occur among any of the student participants.

The sessions will begin with a clinic atmosphere and evolve into scrimmages between the participants. Students may wear their gym uniforms at the sessions or they may purchase a set of St. Joan of Arc Flag Football t-shirt and sweats if you wish. Cost of the t-shirts and sweats will be available prior to orders taken.

We may offer a couple of opposing school scrimmages at the end of the program if possible. We may also have a parent student game to conclude the program.

St. Joan of Arc Flag Football Schedule:

October 1st

Period 1: Middle School

Period 2: Third-Fifth Grade

October 15th

Period 1: Middle School

Period 2: Third-Fifth Grade

October 29th

Period 1: Third-Fifth Grade

Period 2: Middle School

November 5th

Period 1 Middle School

Period 2 Third – Fifth

November 12th

Period 1: Third-Fifth Grade

Period 2: Middle School

November 19th

Period 1 Middle School

Period 2 Third – Fifth

November 26th

Parent -Student Game?

## St Joan of Arc Flag Football Permission Slip

Students wishing to participate in the St. Joan of Arc Flag Football Club must be willing to take direction from the coaches and follow all of the rules to the letter throughout the program. Students who fail to take direction or abide by the rules will not be allowed to continue their participation in the program.

Students wishing to take part in the club must remain in good academic standing in all of their classes at St. Joan of Arc School. Students who fail to remain in good academic standing in accordance with their teachers and parents will forfeit their opportunity to participate in the club.

Rules will be in place in attempt to try and limit the amount of rough contact among the participants. St. Joan of Arc School cannot be held responsible for injuries that may occur.

If you agree to the statement above and would like your child to participate in the program and have the transportation necessary to bring your child to and from the sessions please sign the slip below and return it to school.

If you have any questions about the club please let me know.

Sincerely,

Mr. Brothers

I would like my child \_\_\_\_\_ to participate in the program.

Signed Mr. Mrs. \_\_\_\_\_

Practice Time Contact Phone Number: \_\_\_\_\_